



Sturgeon Heights School

Join the Adventure!

Open Air Kindergarten Overview

September 2022

Program Foundations

- Full coverage of **Alberta Education Curriculum**
- Additional **Outside Time** (goal of 2 hr/day weather permitting - full time access to indoor classroom)
- Learning through **Play**
- Active, **Hands-on** learning
- **Collaboration** and **Creativity**
- Following student **Interests** (Reggio Emilia Inspired)
- **Health and Safety** (distancing and fresh air)

Options

| | | |
|--------------|--|---|
| Programs: | 1. Full Days, Alternating Days | 2. Full Days, Every Day |
| Class times: | 8:20am - 3:00 pm | 8:20am - 3:00 pm |
| Days: | Monday/ Wednesday & Some Fridays Or Tuesday / Thursday & Some Fridays | 5 Days a week - excluding PD days (approximately 2/ month) |
| Cost: | No cost at this time. Cost set by Sturgeon Public School Division. In past, cost was \$120/ year | \$320 / month \$100 deposit due by June 1st, 2021 (applied towards September fees) Limited Spots |

Philosophy

Nothing short of exceptional programming, because our children deserve the best of childhood!

We are a passionate group of educators who work together to offer exceptional learning experiences. Our Open Air concept is grounded in research and wholeheartedly supported by children and their families.

When learning is active, fun, safe and inspiring, we all come home happy!

The Research is Clear!

Outdoor learning, as it incorporates physical movement and unstructured play, has several well established benefits. *Canadian Public Health Association (CPHA)* <https://www.cpha.ca/childrens-unstructured-play>

These benefits include improved:

- Learning and attention at school
- Wellness: mental and emotional health
- Social health and teamwork
- Physical health and movement skills
- Resilience and risk management skills

Frequently Asked Questions:

- 1) We live in Alberta! What about Winter?
 - We have full time access to beautifully appointed **indoor kindergarten classrooms** when the weather isn't cooperating. We strive towards 2 hours of additional outside time, but that changes based on the conditions of the day (could be much more or less).
- 2) My child doesn't "Love" being outside, is this a good fit?
 - **YES!** Our certified teachers strategically design learning activities for the children in the class. This is a great way to increase your child's comfort and enjoyment of the outdoors. Also, it's often nice for families to know their child had plenty of active outside time during the school day.
- 3) Where will kids go when they are outside?
 - Our students have access to our outdoor classrooms on-site which include: **forest, field, garden, gazebos, playgrounds and a pond in walking distance.**

Have more questions? Contact us!

We are happy to discuss details and answer any questions you may have. Check out our Facebook or Instagram pages for parent perspectives and videos of our program.

Call our Principal **Aaron Chute** at **780 459-3990** or email aaron.chute@sturgeon.ab.ca.

We can't wait to share in an incredible introduction to school!